
GETTING HOME

1. WORKING OUTSIDE THE VALLEY

- ☐ Have a 72-hour kit/Get home bag in your car, include a good pair of walking shoes (see attached list).
- ☐ Keep winter supplies in your car during the winter (see attached list).
- ☐ Keep a GMRS radio in your car and use the Mt. Ogden GMRS repeater to communicate with family in the valley (Channel 17 or 462.600).
- ☐ Practice using the repeater before an emergency.
- ☐ Check your radio periodically to make sure it is charged.
- ☐ Be prepared to walk back into the valley if an earthquake has made entrances impassible by car.

2. RUNNING ERRANDS OUTSIDE THE VALLEY

- ☐ It is also a good idea to have supplies in the family car including winter supplies and good walking shoes.
- ☐ Keep a GMRS radio in the car to either communicate with anyone in the valley or even your significant other if they are in the Ogden area. GMRS radios are only five watts and operate on line of sight so they may not work in all situations.
- ☐ For any older children who remain home when you are running errands it would be a good idea to teach them how to use a GMRS radio with the repeater or make prior arrangements with a neighbor or ward member who can check on them.
- ☐ Check your radio periodically to make sure it is charged.
- ☐ Be prepared to walk back into the valley if an earthquake has made entrances impassible by car.

3. DISCUSS AND PRACTICE

- ☐ If it would be helpful make a list of procedures that you want to follow during an emergency and keep it somewhere you can get to it or somewhere visible so that you are always looking at it
- ☐ Practice using the radios at an interval that works for you or even take part in a local weekly net call in. There are a few in the valley.
- ☐ Discuss with your family what you are going to do in an emergency if you are not all together in the valley. Family home evening would be a good opportunity.
- ☐ If possible, maybe even create a cache of supplies out of the valley that you can get to. Family and friends may be helpful with this.
- ☐ Pray Always!

