

# Suggested CERT Kit Items

The Community Emergency Response Team (CERT) is all about neighbors helping neighbors and doing the greatest good for the greatest number of people. In addition to training, a CERT member needs to prepare for emergency response by having the necessary tools and equipment. This suggested items list will give you the tools to help keep yourself safe and to effectively serve others in your community. Most items can be found at any hardware or emergency preparedness store, or do an on-line search for "CERT supplies".

Optional items are indicated with an asterisk (\*).

#### **Basic Kit**

- CERT helmet
- CERT vest
- Backpack or duffel bag
- ☐ Goggles/safety glasses
- Leather gloves
- ☐ Boots suitable for traversing debris
- ☐ Disposable non-latex gloves, 1 box
- ☐ Particle masks (N-95), 10 each
- ☐ Flash light and/or head lamp



- Extra batteries
- ☐ Pens, pencils, permanent markers
- Note books, extra paper
- Signal whistle (blow to call for HELP)
- \*ID badge
- \*Canteen of water, for you
- \*High-energy bars, etc.

## **Medical Supplies**

- □ Roller bandages, 25 plus (you can make your own from sheets)
- ☐ Triangle bandages, 6 plus (you can make your own from sheets)
- ☐ Gauze 4x4 dressings, 100 plus
- Assortment of adhesive bandages
- Hand sanitizer
- \*Assortment of 5x9 and 8x10 ABD pads
- \*Heavy duty scissors (EMT scissors)
- \*Small paper cups for eye bandages
- \*Bottle of clean water
- \*Bulb syringe or small turkey baster for flushing wounds
- \*Cloth surgical tape, 4 rolls plus
- \*Splinting material





## **Safety Equipment**

- \*Chin strap
- \*Knee pads
- \*Door stops
- \*Sunglasses
- \*50 feet of No. 5 sash cord or similar size nvlon cord



### Miscellaneous

- 8 inch or 10 inch Crescent wrench
- Duct tape (50 yards)
- 2 inch or 3 inch masking tape (marking walls - write on it instead of the walls)
- ☐ Triage flagging tape (green, yellow, red, black)
- □ Tarp and/or blanket (carry or drag victims)
- Maps of areas where you are likely to serve (building, neighborhood, city, county)
- \*5 plastic bags (30 Gallon)
- \*Compass or GPS with extra batteries
- \*Matches in waterproof container
- \*Multi-tool (Leatherman, Gerber, etc.)
- \*Chalk, lumber crayon, grease pencil, etc. (for marking doors)
- \*CAUTION warning tape (300' or more)
- \*CERT forms
- \*Clipboard or notebook
- \*Portable 2-way radio

#### **Personal**

- Emergency poncho
- ☐ Anti-bacterial liquid soap (2 oz.)
- Handkerchief or facial tissues
- \*Emergency mylar blanket
- \*Ball cap
- \*Cook kit and eating utensils
- \*Water filter and/or tablets
- \*Sun screen
- \*Bug repellent
- \*Change of clothing, underwear, and socks
- \*Toothbrush, toothpaste, soap, comb, needle, and thread, shoelaces, wet wipes, toilet paper
- \*Sleeping bag or bedroll and waterproof ground cloth
- \*AM/FM/emergency radio and batteries
- \*Other equipment as determined by weather conditions (winter jacket, rubber boots, gloves, etc.)
- \*Ibuprofen and/or acetaminophen
- \*Money (small denominations)

## Equipment you might bring to the staging area (by assignment)

- \*Shovels
- \*Hand saws and hand ax
- \*Fire extinguishers
- \*Pry bars
- \*Cribbing materials: Wedges, 2x4s, 4x4s(18 inch to 24 inch lengths)
- \*Back boards
- \*Hand tools
- \*Non-perfumed liquid bleach for purifying water
- \*Lanterns
- \*Portable table and chairs
- \*Portable canopy

